

The background features a vibrant, abstract design. The top half is a bright green field with scattered white and light blue teardrop shapes. The bottom half is a blue field with similar shapes. A white horizontal band runs across the middle, containing the title. On the right side, there are dark brown, swirling, vine-like lines that loop and curve across the page. On the left side, there are white, swirling, vine-like lines. The overall style is artistic and modern.

FOUNDATIONS 09-10

What is Confirmation (Foundations)?

In the Rite of Confirmation, young people publicly confess their faith, celebrate the promises of their baptism and begin to identify with and become involved in the adult Christian community. Confirmation instruction is a **team effort**, involving parents, pastors and staff, servant mentors, and the educational ministry of the church in the preparation of Confirmands for this important transition.

It is the continuing responsibility of the parents and sponsors who made the following promise on the day of the student's baptism: "I promise to diligently and faithfully teach him/her the Ten Commandments, the Creed, and the Lord's Prayer; and, as he/she grows in years, to place in his/her hands the Holy Scriptures, bring him/her to the services of God's house, **and provide for his/her instruction in the Christian faith;** that, abiding in the covenant of his/her baptism and communion with the Church, he/she may be brought up to lead a godly life until the day of Jesus Christ."

Confirmation begins at baptism when God claims us as His children and ends when we join our Savior in heaven. The Rite of Confirmation is in no way a graduation from Christian education and growth in faith, but a step along our journey of faith. **God has entrusted the spiritual instruction of children to parents. Confirmation instruction is a supplement to -- not a substitute for -- this duty.** The basic responsibility continues to be with the parents or guardians (not the instructor or the church) to see that young people receive and participate in this educational process.

Basis For Our Foundations Ministry

Our confirmation ministry is based on the command of Jesus, "Go and make disciples ... **teaching them** to obey everything I have commanded you." (*Matthew 28:19-20*) Confirmation instruction is one of the ways we obey Jesus' command to teach the Christian faith.

God gave us this command out of love for us. We, too, **love our children**. We desire that our youth have the best in life. We believe that they cannot have the best if they lack faith in Jesus Christ. We offer our prayers, our encouragement, our faith, so that they may have the best in life--a personal relationship with our Lord, Jesus Christ!

The Foundations program at WLC is all about providing opportunities for students and families to grow in a deeper relationship with Jesus Christ. That is the foundation of our program. To achieve this goal we have a program that is made up of different class modules and requirements. It also involves family participation, which is vital in a child's faith journey. This program offers a family the choices and flexibility of going at their own pace to complete the program while placing a high value on commitment and follow through.

Foundations Program

Our Foundations program is **designed to provide flexibility and accountability**; classes are not separated by grade, although there are some classes available only in the third year of study. The options provided in independent study and in the action and retreat modules make it possible for students to complete the majority of their studies in the first two years, so they can focus on personal testimonies and some deeper questions in their third year. For third-year Foundations students; Alpha/Testimony and the Cornerstone retreat will help them understand what it means to dedicate their lives to God, the Master Builder in a personal way. Upon completion of this third year and all requirements, students are invited to participate in the public Rite of Confirmation.

We have established a computer-based tracking system so that students and their parents will have ready access to their progress.

Materials

- Each student will need a BIBLE. A study version is helpful.
- Students are also expected to bring a PEN or PENCIL to each class session.
- Each student should bring their Luther's Small Catechism weekly
- It is encouraged that each student bring their Confirmation backpack each week to increase the odds of assignments and materials making it to class. (Each Foundations student will receive ONE backpack during their 3 yrs—this cost is part of the yearly fee)—PLEASE WRITE YOUR NAME ON THE BACKPACK!!!

PARENT'S PARTICIPATION

Since the primary responsibility for Christian nurture rests with the parents or guardians, it is important that they be actively involved in the Foundations instruction. We are always seeking ways to become better partners in this process because the reality is that no matter what we teach at WLC, the students are more likely to carry with them what the family teaches. Our hope as students grow through the foundations process they will grow to take on more ownership of their faith education, but parents please help them out along the way. These young people will take their cues from you.

Students may be given questions and topics to discuss with their families. Parents can encourage students in completing these assignments by choosing a particular time each week for discussion.

Parents are welcomed and encouraged to attend any and all class sessions. Please notify your student's instructor in advance if you wish to attend a class session. Parents are also required to attend certain classes with their child(ren).

Parents can also offer invaluable support of our confirmation ministry by daily PRAYING for their son or daughter, by KEEPING IN TOUCH with the staff and discussing any problems as soon as they arise, and by cooperating with the DISCIPLINE POLICY and working with the student to solve any discipline problems.

Above all, it is important that parents set an example for their children in worship, Bible study, prayer, and personal and family time with God. Studies show that a parent's example has more impact on a young person's faith than any other factor.

Our prayer is that during this "Faith Experiment" that YOU will also commit to learning more about who God is and invest in your relationship with HIM! What would you like to be learning over the next 3 years? How do you desire to grow? What elements in your spiritual health could be improved or focused on? The example you set as you invest in your faith will be far more impacting than ANYTHING we can offer to your child!

Family Modules:

During following modules:

- Our relationships with others
- Lord's Supper (many have taken this in 6th grade)
- Stewardship

At least one parent or guardian must attend each session with his/her son and/or daughter to complete this unit. If a parent has a child in 7th grade and another in 8th a parent can sign both of them up for the same class and attend that class as a family instead of attending the same class two different times.

Parent's Ministry Involvement Opportunities:

There are many different ways Parents can get involved in the Foundations program outside of attending class with their child. If you are interested in any of the following areas please contact Lindsey Burken or Stacy Winter!!!

- Small Group Facilitator (5 week commitment, working with youth in small groups)
- Small Group Facilitator Sub (flexible commitment, but definitely needed!)
- Large Group Teacher (5 week commitment, share a subject that you have researched, write small group activities and lead the class through the subject.)
- Information Desk helper (5 week commitment, help students find their class, deliver and pick up attendance sheets, answer the phone, be available in case of emergencies)
- Snack Shack Helper (once a month, help sell snacks from 6:30-7:15pm)
- Retreat Mentor (attend a retreat as an adult caring for students)
- Life of Christ Retreat Planning Team (work with a Youth Minister and team of parents/adults to plan the Life of Christ retreat and Jesus Prayer path)
- Data Entry (flexible commitment—work with Stacy to get information updated in the computer system.
- Powerhouse Small Group Leader (year long commitment on Sunday mornings as a mentor to students. Small groups stay the same and lessons are provided)

Explanation of Course Modules

The Course Modules are each 5 weeks long (with one exception: Alpha/Testimony which is 13 weeks long). We typically offer 6-8 courses each 5 week session and we have 5 Sessions a year along with a Lent Term. (see schedule below).

If a family wants to complete the Foundations program in three years then it is necessary for the student to participate in 5 course modules per year. There are also courses offered during alternative times which are posted on the youth website as they come up—some are in the summer and family courses are offered on some Saturdays during the year—if Wednesday nights isn't a manageable time for parents to attend a class with their student.

Foundations Schedule: 2009-2010

Time: Foundations classes are offered at WLC from 6-7:30pm

[Bridge 121 will be open from 5:30-6 for Junior Highers to hang out, grab a snack, & play video games.]

Opening in the Genesis room for prayer each week then we divide off into separate courses

Session 1 (INTENSIVE only 4 weeks long, 6-8pm):

Session 2: 6-7:30pm

Session 3: 6-7:30pm

Session 4: 6-7:30pm

Lent Term: (Alpha-Testimony 5:00-6:30pm)

& Independent studies only)

Session 5: 6-7:30pm

September 9th-Sept 30th

October 7th-November 4th

November 11th-December 16th

January 13th-February 10th

February 17th-March 31st

April 7th-May 5th

Required Modules

The required modules cover all the key teachings of our Confirmation program. They can be taken at any time with the exception of the Alpha/Testimony module, which can only be taken in the third year. Each Foundations student must complete every required module. A brief description of each course can be found below.

REQUIRED COURSE DESCRIPTIONS

Foundation Introduction 101F: (1 time Meeting) (With Parent)

In this meeting (“Intro to Junior High” or a face to face meeting) the Foundations curriculum will be explored and students along with their families are invited to prayerfully consider the prospect of the Foundations process. It is necessary to have completed this Introduction in order to register for classes.

God’s Relationship With Us 102: (5 Weeks)

Students will explore commandments 1-3 dealing with our relationship and response to God. What does it mean to have a relationship with Christ? How do we worship Him? How do we keep His name Holy?

Memorization: *Commandments 1-3 and meanings*

Creation: The Big Bang Theory 103: (5 Weeks)

Students learn and study the 1st Article of the Apostles’ Creed dealing with theories of creation, existence of God, worldviews of God and appreciation of creation.

Memorization: *1st Article & meaning*

Holy Spirit and Life Everlasting 104: (5 Weeks)

Students explore the 3rd Article of the Apostles’ Creed and the Office of the Keys, looking at such issues as who the Holy Spirit is and what His presence is in our lives, what the Great Commission is and how that applies to us. We will also look at Revelations, resurrection, end times, judgment day, heaven and hell, and other world views.

Memorization: *3rd Article and meaning and Matthew 28:19-20*

Biblical Themes 105: (5 Weeks)

Students examine the Patriarchs, Wisdom Literature and the Major and Minor Prophets, Gospels, and the Epistles. We will use the theme of *sin-judgment-grace and Covenant* and weave in biblical examples of our faith journey.

Memorization: *Books of the Old and New Testament*

Baptism: Claimed by Christ 107: (5 Weeks)

Students learn the importance of baptism, forms of baptism, how baptism is connected to Confirmation, what the Bible says about when to baptize & how Baptism is used.

Memorization: *Luther’s explanation of Baptism from the Catechism*

Marriage and Sexuality 108: (5 Weeks)

Students explore issues such as God’s Word on marriage, the role of sex in marriage, abstinence, sexual promiscuity, adultery, pornography, & dating.

Memorization: *Commandment 6 and meaning*

Required Course Explanations (continued)

To Be or Not To Be 109: (5 Weeks)

Students and facilitators will discuss issues like murder, abortion, euthanasia, eating disorders, capital punishment, suicide, salvation, and death.

Memorization: *Commandment 5 and meaning*

Our Relationship with Others 110F: (5 Weeks) (Family Course)

Students and parents explore issues of authority and relationships with parents, friends, neighbors and everyone they come in contact with.

Memorization: *Commandments 4 and 8 with meanings*

⇒Note: This class is for both student and his/her parent(s) and/or guardian. At least one parent or guardian must attend all sessions.

Stewardship 111F: (5 Weeks) (Family Course) (Can also be taken as an independent course, see Stewardship I311F)

Students and parents discuss what God has given us and others, and our response to those gifts.

Memorization: *Commandments 7, 9 & 10 with meanings*

⇒Note: This class is for both student and his/her parent(s) and/or guardian. At least one parent or guardian must attend all sessions.

Lord's Supper 112: (5 Weeks) (Family Course)

Many students complete this course in 6th grade at Woodbury Lutheran. If you have not completed this course yet you will need to sign up to receive an *Independent study* packet or contact Nancy Schubbe to participate in the class for the 6 weeks prior to Holy week.

Prayer 113: (5 Weeks)

Students will explore prayer and spiritual disciplines in daily life. What is the importance of prayer? How does one pray? What are the benefits of prayer & a devotional life? A substantial amount of time is focused on the Lord's Prayer.

Memorization: *Lord's Prayer*

Alpha/Testimony Course 513: (14 weeks taken either in the fall or spring) (Third Year Course)

This is one of the most meaningful classes we have in our program. Students review their Christian faith and address foundational questions while exploring the meaning of life. Questions include: Who is Jesus? Why did He die? Why read the Bible? Who is the Holy Spirit? How does God guide me? There is also a one evening retreat for this class that each student must attend to get credit for this course. Then each student will have an opportunity to share their testimony of God's presence in their life.

Elective Modules

The Elective modules cover a variety of different topics and interests. These allow students the opportunity to choose modules in which they have a personal interest or to address a specific area of their life. Each student must complete 2 different electives.

ELECTIVE COURSE DESCRIPTIONS

**= Class is in development and may be coming soon*

Life as a Servant/Summer Stretch Elective E201: (5 Weeks)

Students will explore what it means to serve like Jesus and live a life that makes a difference. We'll use the book: Serving Like Jesus to guide our discussions and we'll have a great time!

World Religions E202: (5 Weeks)

Students will learn about five different religions: Islam, Hinduism, Judaism, Scientology, Mormonism, Cults and how we respond.

Relief E204: (5 Weeks)

Students and facilitators will look at issues such as divorce, illness and dying. They will explore the question of why these things happen and appropriate responses to grief situations. This is a great class for those who have gone through or who have friends who have gone through the divorce of parents or through other losses.

Finding God in Media E205: (5 Weeks)

Students will examine the influence of media and music on their lives and what God's response is to contemporary media and music.

Tough Questions of Faith E208: (5 Weeks)

Students will have a chance to ask any questions of the Pastoral staff that they may have about faith or the Bible, and together they will search God's answer on the topic.

You Are Made In God's Image E210: (5 Weeks) (Girls ONLY)

Ladies will explore what it means to be made in God's image and how we are beautiful, accepted, blessed, and eternal because of Jesus' love.

Healthy Friendships E211: (5 Weeks)

What does it mean to be a Godly friend? How can you be a better friend? When is friendship negatively affecting you and when should you call it quits?

Heroes and Role Models E212: (5 Weeks) (Guys ONLY)

Gents will spend time looking at what it means to be a man after God's heart by studying men of the Bible and spending time celebrating who God has made them to be.

Lent Elective E217: (Independent Elective Course with Family)

During Lent you'll receive a journal with questions related to the Lenten services. We ask that you attend 3 Lent services and complete the journal with a parent and return it to us before Easter.

Dinner and 5 Movies E215F: (Independent Elective Course with Family)

Participant will pick 5 movies off an approved movie list and -- together with their family -- will watch the movies and complete a discussion guide for each movie. Once all 5 movies are completed and discussion guide is turned in, participant will receive course credit.

Other Denominations E214: (5 Weeks)

Students will learn about five different Christian denominations: Lutheran, Catholic, Non-Denomination, Baptist and Methodist.

INDEPENDENT MODULES

The independent modules offer flexibility with your schedule and provide you with additional choices. Independent modules can be taken to either makeup a course, get ahead in your study schedule or take a family- approach in completion of the Foundations program. There are both Required courses and Elective courses offered as Independent studies.

INDEPENDENT MODULE DESCRIPTIONS

**= Class is in development and may be coming soon*

Holy Spirit and Life Everlasting 305: (Independent Course completed with a parent to fulfill a required module)

This is an independent module where a student will explore the 3rd Article of the Apostles' Creed & the Office of the Keys, looking at such issues as who the Holy Spirit is and what His presence is in our lives, what the Great Commission is and how that applies to us. We will also look at Revelations, resurrection, end times, judgment day, heaven and hell, and other world views.

Memorization: *3rd Article & meaning and Matthew 28:19-20*

Prayer: Connected 301: (Independent Course completed with a parent to fulfill a required module)

This is set up as a daily study exploring prayer and spiritual disciplines in daily life. There are 5 weeks of daily questions to help answer questions like: What is the importance of prayer? How does one pray? What are the benefits of prayer and a devotional life? Each student will receive an individual packet that they must complete and turn in to complete this course.

Stewardship 311F: (Independent Course completed with a parent to fulfill a required module)

This is an independent module on the study of what God has given us and others, and our response to those gifts. Family is given a packet to work on together.

Memorization: *Commandments 7, 9 & 10*

Lord's Supper 113: (5 Weeks) (Family Course)

Many students complete this course in 6th grade at Woodbury Lutheran. If you have not completed this course yet you will need to sign up to receive an *Independent study* packet or contact Jane Dibbern to participate in the class for the 8 weeks prior to Holy week.

Lent Elective E217: (Independent Elective Course with Family)

During Lent you'll receive a journal with questions related to the Lenten services. We ask that you attend 3 Lent services and complete the journal with a parent and return it to us before Easter.

Dinner and 5 Movies E215F: (Independent Elective Course with Family)

Participant will pick 5 movies off an approved movie list and that person and their family will sit down at their convenience and watch the movies and complete the discussion guide that goes with that movie. Once all 5 movies are completed participant turns in for course credit.

AN EXPLANATION OF THE ACTION MODULE

The action module is based on spiritual disciplines, which help us live an active faith. These actions are based in active worship attendance, being in God's Word, prayer, accountability and serving. All of these pieces need to be completed 2 weeks prior to the date you would like to be confirmed.

Sermon Notes A401:

Jesus spent a lot of time listening to His Father. We have the opportunity each Sunday to listen to what God has to say to us and apply it to our lives. Therefore, we are **requiring 30 sermon notes to be completed as part of this module (averages to 10 per year)**. These sermon notes can be completed at any Sunday service, any special worship service, through listening to the sermon on the web, or at a church where you are visiting. If you take notes at another church you must turn in the sermon note form and the bulletin from that service. In order to get credit for the completion of a sermon summary all information asked for on the sermon summary form must be completed. If there are blanks on the sermon note sheet the sheet will be handed back to the student to complete. *Sermon note forms can be found at the information desk.*

Servant Events (A402 and A403)

Jesus not only told us to love our neighbors He modeled His entire life after serving others. Servanthood is a way Christians respond to the redeeming love Christ has shown for us. The blessing of serving others is a sign of spiritual maturity and devotion. Serving has also been commanded by Jesus. Therefore, during their participation in the Foundations program students must complete **30 servant hours** that benefit other people outside of their family or go on a mission trip. When a student conducts some type of service they are to fill out a servant event form and turn it in.

We ask that they participate in at least 2 different servant opportunities and they can be done ANYWHERE as long as they aren't paid or serving family members.

Servant Event forms can be found on-line on the www.wlcyouth.org website.

Here are some servant opportunities below:

- Nursery on a Sunday morning
- Being a Sunday School helper
- Helping with Vacation Bible School
- Practicing and performing in New Vibration bell choir
- Ringing bells at Christmas
- Helping a teacher at school
- Rake leaves for an elderly neighbor
- Loaves & Fishes: serving supper to those in need (2nd Thur of each month)
- Group Works Camp/Youthworks Mission Trip (summer)

Sunday School (Powerhouse/Sunday Impact) Attendance A404:

It is very important that a student continually studies the Word of God. Therefore, once a student starts the Foundation program he/she must **attend 39 complete sessions of the Powerhouse (Sunday morning education)**. It is really about studying the Word with other believers...so doing Bible study with a friend at school counts, having family Bible studies counts, attending Bible study at a different church counts...you do need to let Lindsey know if you are not attending Powerhouse but supplementing with another option.

(Action Module Explanation continued)

All Dressed Up Drama A405:

This is a very powerful evening that is put on by a drama group that involves area Woodbury churches. It talks about the choices and consequences of sexual decisions and promotes purity. We ask that one parent attend with their student because this information really needs to be followed up with within the home. There are usually 2 offerings of this each year one in the fall and one in the spring. We only require that a student attend once during the 3 years.

Foundation Interviews (A408 and A508):

There will be two interviews that we will do during a student's time in the Foundations program. This will help us to do 3 things.

1. To evaluate where the student currently is in their faith walk.
2. To evaluate the Foundations program and make needed changes.
3. To make an action plan with the student on their continued faith journey.

These interviews will be conducted after they finish their Faith Framework section of the program and after completion of the Cornerstone portion of the program.

Invite a Friend to Worship/or Event (A407)

We ask that each foundations student practice praying for and inviting others to know their friend Jesus. That is why we have this requirement, we ask that during the 3 years each student invite someone to a worship service or event and turn in an "Invite a friend to Worship" card. Invite a friend to Worship cards can be found at www.wlcyouth.org/resources/forms/ or by the wooden mailboxes in the lobby. Invite a friend to worship and complete the card. Turn the cards in where sermon notes are returned by the mailboxes upstairs.

AN EXPLANATION OF THE RETREAT MODULE

The retreat modules are the field trip portion of our Foundations program. It is during these retreats and conferences that our youth get to know other youth and adults and start to feel a connection to others. Also these are great ways to encounter God in different settings.

Each student must attend the following three:

Life of Christ:

When: 1 or 2 times during the year → August 15, October 31st, February 20th

Grades: 7th-9th

Time: 9:00am-3:00pm

Estimated Cost: \$10

What: This day retreat will explore the life of Jesus. We look at the prophecies about the coming messiah, we explore who Jesus is through a prayer path experience, then watch a movie about Jesus' life (we will show the Passion of the Christ and the Jesus film, we need parental permission before your child can watch the Passion).

2nd Article needs to be memorized before you arrive.

Alpha Holy Spirit Retreat (3rd Year students only)

When: 2 times a year

Grades: Those in the Alpha class

Time: Friday-Saturday on site at WLC

Cost: \$15

What: The Alpha Holy Spirit weekend is a weekend retreat (Friday evening & Saturday morning) that is an essential part of the course. This time is devoted to teaching on the work of the Holy spirit in the individual lives of those taking the course. It is a fun, relaxing time for learning and where relationships are formed between the kids and between kids and facilitators

Cornerstone Retreat: (3rd Year students only)

When: One option in October (typically the 1st weekend in October)

Grades: 3rd year students (planning on Confirmation that year)

Time: All Day Saturday

Estimated Cost: \$30

What: This retreat is designed to be a community builder for 3rd year students and a day that is dedicated to serving, blessing these students, and developing relationships. We ask that parents join us for dinner that evening (5-7pm) for a special blessing service.

OR

Cornerstone Family Retreat (3rd Year student with a parent)

When: Month of March or April

Grades: 3rd year students who didn't attend the fall cornerstone retreat

Time: All Day Saturday retreat

Estimated Cost: \$30

What: For anyone who can't make it or choose not to go to the Cornerstone retreat you must attend this one day family retreat. It will have some of the same elements of the Cornerstone retreat but with a family emphasis.

Each student must attend 2 other retreats of their choice during the course of the 3 years in the Foundation Program: (including, but not exclusively, the following)

WLC “kick off” Camp (AKA: Fallapalooza)

When: first or second weekend in September (No dates for the 09-10 year yet)

Grades: 7th-12th

Time: Friday evening through Sunday morning

Estimated Cost: \$65-85

What: This is our big Kick-off event of the year. We take over Camp Omega and unveil the new Youth theme. There’s Canoeing, ropes courses, bonfires, night games, volleyball, basketball, and the oh so fun Cabin sleeping! For new 7th graders this is a sure fire way to make friends and learn the ropes!!!

Mark Mattlock “Planet Wisdom” Conference

When: 1st Friday and Saturday of December (Dec 4-5th)

Grades: 7th-12th

Time: Friday evening through Saturday evening

Estimated Cost: \$40-60

What: This conference is filled with incredible music, great laughter, cutting edge technology, wonderful speakers and many other surprises. The event is at the Roy Williams Auditorium in St. Paul. It has a great band, the Skit Guys and none other then Mark Mattlock.

Snow Riot Winter Retreat

When: Usually the last weekend in January

Grades: 7th-9th

Time: Friday evening through Sunday afternoon

Estimated Cost: \$95-\$110

What: Broomball, bumper pool, great food, and night games make this retreat a lot of fun...it is also a sure way to stretch your faith and grow in your relationship with Jesus. It is up at Camp Lebanon which means “meeting place with God” and it is true—many of our students really meet God out there! The cabins are heated and the camp food is awesome. Don’t miss this awesome weekend at Camp Lebanon in Upsala, MN

WLC Youth Ski Trip

When: Sometime in January or February

Grades: 9th-12th

Time: Probably a 2-4 day trip

Estimated Cost: Depends on the trip

What: Almost every year we do a 2-4 day ski trip. We will probably go to one of 3 places: Lutsen, MN, Some place in Colorado or Montana. This is a great way to connect with other people who ski and spend a couple days in the beauty of God’s creation. There is usually 2 days of skiing and spiritual growth opportunities at night as well.

Sonshine Music Festival

When: Usually 2nd week of July

Grades: 9th -12th grade

Time: Wednesday – a Sunday

Estimated Cost: \$100-\$130

What: The Sonshine Music Festival is a 3-day music festival with over 100 different national and local bands and/or performers. You can hear punk, alternative, techno, country, rap, pop, ska, and rock music. There will be plenty of opportunities to dance, mosh, and crowd surf. These bands will play on 6 different stages. You have the option of which bands you would like to see and when. We will be staying in Tent City which is located at Willmar High School.

Jr. High Lock out

When: Usually March or April

Grades: 7th – 9th grade

Time: Friday night till Saturday Morning

Estimated Cost: \$35-\$40

What: This is an all night lock out. That means we participate in activities such as bowling, swimming, movie or other fun events outside the building. Activity involves other churches and friends are welcome.

TEC Retreat

When: 4 Times throughout the year

Grade: 9th (if they have room)

Time: Saturday-Monday

Estimated Cost: \$40 or less

What: This is a Teens Encounter Christ retreat that happens over a 3 day period. If a student goes to the retreat they will get credit for one of their electives and also one of their retreats. This is a very powerful retreat for our students.

OTHER INFORMATION**Confirmation Day**

After students have completed all 15 class modules, the action module, and retreat module, they will be given an opportunity to express their desire to be confirmed and share any questions or concerns during a Confirmation Interview. The Service of Confirmation will seek to guide each student to make a meaningful, deliberate step forward in being disciples of Jesus Christ. Parents, family, friends and baptismal sponsors will be given the opportunity to participate in the service. Confirmation will either be the first week in May or a date in October.

Foundations Brunch and Rehearsal

Usually the Saturday a week before Confirmation Sunday, there will be a Confirmation brunch at the church. This brunch will include a celebration of their commitment, some reflections of their Foundations experience, and a rehearsal for the following week. We will need each family to RSVP how many will be attending the banquet a week before (more information will be sent to you prior to this event). This morning will consist of making confirmation stoles, a nice brunch, and a rehearsal.

FOUNDATION POLICIES AND EXPECTATIONS**EXPECTATIONS:****CLASS ATTENDANCE:**

Class attendance is not an optional part of this program. Each student is responsible for attending each class session for which he or she has signed up. With different choices of classes offered, it is up to the student to schedule his or her classes around their other commitments. If the student and parent decide to make other commitments, it will take the student longer to complete the Foundations program. If a student misses one class session during the session they are signed up for he/she is responsible for communicating his/her absence before the class session. The student is also responsible for contacting the teacher to make other arrangements for completing the work done in that class session. If a student misbehaves and is asked to leave during the session it will count as an absence. If a student misses two classes during the session he/she has signed up for he/she will need to make arrangements with the teacher ahead of time or may need to take the class again at a later session. The confirmation program at Woodbury requires a commitment from both student and parent(s).

KNOWLEDGE OF COURSE CONTENT:

Students should display adequate knowledge of the content of the course through the completion of all stated educational objectives. This includes successful completion of memory tests, all homework, and the final test in each class.

WORSHIP:

The worship of God flows from a living faith. Worship is the primary time to gather as a family of God and encourage each other in our life of faith.

COMPLETION OF REQUIREMENTS:

In order to be confirmed a student must successfully complete 15 academic courses of Foundations instruction. These will be completed either on Wednesday nights, Saturdays, independent study or during the summer. The other 2 Components: Action modules and Retreats will be completed as students attend retreats and turn in sermon notes, service hours, and attend Sunday education. Once a student has completed these pieces and has been able to express their faith in the Confirmation Interview they will be able to participate in one of our 2 Public Rites of confirmation (last weekend in October or first Sunday in May).

BEHAVIORAL EXPECTATIONS;**RESPECT ONE ANOTHER**

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.” 1 John 4:7-8

RESPECT YOUR LEADERS

“Obey your leaders and submit to their authority. They keep watch over as men who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you.” Hebrews 13:17

RESPECT THIS PLACE

“I love the house where you live, O Lord, the place where your glory dwells.” Psalms 26:8

POLICIES REGARDING BEHAVIOR:**CONSEQUENCES FOR INAPPROPRIATE BEHAVIOR**

These guidelines and expectations are meant to guide you on what we expect from your student.

- If a student engages in inappropriate and disruptive behavior they will be given some type of a verbal warning. If they continue that behavior they will be removed from that class and will not be given attendance credit for that night. If any student misses 2 class sessions during a module they will have to repeat that module.
- If there is an incident involving inappropriate behavior a postcard or note will be sent to the parent during the next week. If the parent(s) would like to discuss the issue they are encouraged to call the instructor.
- We have a NO TOLERANCE policy for drugs or alcohol of any kind. If this happens the parent(s) will be contacted immediately and a meeting with Derek Broten, Lindsey Burken or Joel Symmank must be set up before that child is allowed back into the program.

Forms and Contact Information

Need retreat registration forms? Retreat forms can be found online and you can pay for most events online with credit card or your WLC youth account money at www.wlcyouth.org just click on the event or activity name found in the calendar.

Need extra Sermon Note or Service Hour forms? Forms can be downloaded at www.wlcyouth.org or extras can be found upstairs by the mailboxes or downstairs in the youth display rack.

Invite a Friend to worship form/cards are available downstairs in the youth display rack or out by the mailboxes upstairs in the Lobby.

Want information on foundation dates or events? Check out the youth website at www.wlcyouth.org for the most up to date information and forms.

Question regarding requirements/class report form or retreats contact Stacy at winters@woodburylutheran.org

DETAILS

Foundations Schedule: 2009-2010

Time: Foundations classes are offered at WLC from 6-7:30pm

[Bridge 121 will be open from 5:30-6 for Junior Highers to hang out, grab a snack, & play video games.]
Opening in the Genesis room for prayer each week then we divide off into separate courses

Session 1 (INTENSIVE only 4 weeks long, 6-8pm):	September 9 th -Sept 30 th
Session 2: 6-7:30pm	October 7 th -November 4 th
Session 3: 6-7:30pm	November 11 th -December 16 th
Session 4: 6-7:30pm	January 13 th -February 10 th
Lent Term: (Alpha-Testimony 5:00-6:30pm) & Independent studies only)	February 17 th -March 31 st
Session 5: 6-7:30pm	April 7 th -May 5 th

Bridge 121:

During the school year the Bridge is open weekdays after school. Check out www.Bridge121.com for more information. We'll be offering an exciting option for junior high students to come and hang out in the Bridge from 5:30-6pm each Wednesday prior to Foundations. The Café will be open as well as the game room.

Costs

There are varying costs through the Foundations experience. We work really hard to offer this program at the lowest cost possible. Here are some of the costs associated with this program.

1. \$20 each year for the Foundations program which will cover your backpack and all other class room material for the required modules. This also helps us to offset some of the retreat cost.
2. Retreats: These vary depending on the retreat that you choose to do. For a list of those costs look under the Retreat Module descriptions.
3. Confirmation Weekend: We won't collect this money until that time but involves money for flowers, robes, breakfast and other Confirmation weekend expenses. Usually around \$30.

If cost is an issue for you family for this program or for the retreats, please fill out a Scholarship application form for this program and/or those retreats and give to Stacy Winter. We do not want cost to ever be an issue for someone not being involved or getting through the Foundations program.

Students with Learning Disabilities or an IEP

It is our desire for all students to be successful in Foundations. Accommodations will be made for students with learning disabilities. These accommodations may include, but are not limited to: outcome modifications, independent study options or tutoring. Parents of students with learning disabilities should notify the program director (Lindsey Burken) to request a family advisor who will assist with program modifications. If a student has an IEP it is beneficial for us to have a copy so we can try to help the student succeed by using techniques already employed at school.

Register for Foundations:

You can register for your child's classes with the paper registration enclosed. The registration fee can be paid online at www.wlc youth.org or make checks payable to Woodbury Lutheran church.

Foundations Road Map

(a recommendation)

Year 1

Classes:

At least 5 classes* (some families choose not to take Marriage and Sexuality or

To be or not to be)

Good ones:

Biblical Themes

God's Relationship w/us
Creation

Prayer

Stewardship (family class)

Action Module:

10 sermon notes

10 service hours

(summer stretch is a great way to do this!!!)

13 Sunday school credits

Retreats:

Life of Christ retreat

An elective retreat

Year 2

Classes:

At least 5 classes

Good ones:

Our Relationship w/ others (family class)

Marriage & Sexuality

To be or Not to be

Elective class

Baptism

Action Module:

10 sermon notes

10 service hours

(summer stretch is a great way to do this!!!)

13 Sunday school credits

2nd year Interview

All Dressed Up Drama

Bring a Friend to Worship

Retreats:

An elective retreat

Year 3

Classes:

Alpha (14 weeks in the Fall OR Spring) + whatever classes you have left

Good ones:

Elective

Holy Spirit

Action Module:

10 sermon notes

10 service hours

(summer stretch is a great way to do this!!!)

13 Sunday school credits

Confirmation Interview

Retreats:

Alpha Retreat when you are in Alpha class

Cornerstone Retreat in fall or Family

Cornerstond retreat in spring

*if you haven't completed the Lord's Supper class in 6th grade you should do this as an independent study the first year as well as 5 other classes.